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"Leadership is the capacity to translate vision into reality." - Warren Bennis



CLUB DIARY - 29 JANUARY, 2026 4-WAY TEST: A PERSPECTIVE

The weekly meeting commenced with an invocation by Rtn. Venugopal Puthran, followed by pleasantries among members. The club meeting on "The 4-Way Test - A Perspective" was a meaningful and engaging session, with the proceedings handed over to Rtn. PP CA Satindra Rao, Chairman of the 4-Way Test Committee.

He introduced the special guest speakers, all distinguished members of the club, who shared their individual perspectives on the relevance and application of the 4-Way Test in personal and professional life. The speakers included Rtn. Balachandra Rao, Rtn. Michael Andrade, Rtn. PP C. Devdas Kamath, and Rtn. PP Kalbavi Prakash Rao.

Rtn. Balachandra Rao set the foundation by presenting a clear, textbook description of the 4-Way Test, explaining its origin, structure, and core questions in a simple and systematic manner. His presentation served as a refresher on the philosophical and ethical framework of the Test, grounding the audience in its fundamental principles.

Building on this base, Rtn. Michael Andrade brought the discussion into the realm of everyday life by explaining the practicality of the 4-Way Test and demonstrating how its principles can be realistically applied in personal conduct, professional decision-making, and Rotary service, despite the complexities of modern living.

Adding a reflective and critical dimension, Rtn. PP C. Devdas Kamath invited members to ponder deeper questions about the relevance of the 4-Way Test in today's fast-paced, competitive world. He challenged the audience to consider whether the Test appears too idealistic to practise consistently and urged members to introspect on the gap between ethical ideals and real-world behaviour.

Concluding the session on a powerful and reassuring note, Rtn. PP Kalbavi Prakash Rao traced the historical roots of the 4-Way Test and offered a conclusive perspective on its enduring relevance. He emphasized that the Test has remained unchanged for nearly a century precisely because of its universal practicality and timeless wisdom, and affirmed that it is very much here to stay. He also made a strong ethical appeal, stressing that the 4-Way Test should not be used as a tool to judge or evaluate others, but must instead be applied inwardly—to one's own actions, decisions, and conduct.

The session concluded with an engaging question-and-answer interaction, after which the four speakers were felicitated with momentos by Rtn. PP CA Satindra Rao. The meeting was adjourned with the National Anthem.

PROGRAM TODAY 5 FEBRUARY, 2026

Sneha Sourabha Unwrapped: Insights from the District Conference
President Elect Rtn. Daidan Dsilva

VENUE - OCEAN PEARL
Tea Meeting

PROGRAM NEXT WEEK 12 FEBRUARY, 2026

Rotary Couples Night
Joint Meet with Anns Club

VENUE - OCEAN PEARL
Dinner Meeting



ROTARY DISTRICT CONFERENCE – SNEHA SOURABHA

The Rotary District Conference 2026 – Sneha Sourabha was held with great enthusiasm and elegance at Silent Shores Resort & Spa, Mysuru, bringing together Rotarians from across District 3181 for three inspiring days of fellowship, learning, culture, and service, with a strong focus on the End Polio Now mission.

Day 1 – Friday, 30 January 2026

The conference commenced in the late afternoon with registration and a grand ceremonial procession, escorting dignitaries to the conference hall and symbolizing Rotary's unity and tradition.

The Inaugural Ceremony was held in the august presence of senior Rotary leaders and dignitaries. The conference was formally inaugurated by Revered Swami Bodhamayananda, Adhyaksha, Ramakrishna Math, Hyderabad, whose presence added spiritual depth to the occasion.

Guests of Honour included PDG Gurjeet Singh Sekhon, RI Director Nominee (2027-29), RIPR PDG Yogesh Mohan Gupta, and renowned sculptor Sri Arun Yogiraj. The inaugural address highlighted leadership rooted in values, service beyond self, and Rotary's moral responsibility in nation-building.

This was followed by an elegant violin recital by Sri Reji Gopinath and team, which set a serene and refined tone for the conference. The evening concluded with fellowship and dinner, allowing delegates to reconnect and strengthen bonds.



Receiving Honorarium on behalf of our Club for video showcasing our Major projects at the Conference!



Day 2 – Saturday, 31 January 2026

Day 2 began with a refreshing morning yoga session led by Rtn. Sandeep M. Shivashankar. The Plenary Session followed, with DG Ramakrishna P. K outlining the conference vision and reaffirming Rotary's commitment to humanitarian service and the End Polio Now mission.

A powerful Narasimha Avatara performance by the SDM Kalavaibhava Troupe set a cultural highlight. The day featured engaging knowledge and inspiration talks by Ms. Aishwarya Hegde on education and youth empowerment, Sri Sethuram on creativity and culture, and Captain Raghuraman on leadership and resilience.

Post the break, delegates enjoyed folk and Garba dances, followed by a lively stand-up comedy session by Dr. Jagdish Chaturvedi. A special address by Sri Nagathihalli Chandrashekar reflected on ethical leadership and social responsibility.

Break-away sessions showcased impactful district projects through the Rotary Showcase and Ride for Rotary presentations, while the Ladies Program focused on self-image and personal development.

The day concluded with an energetic evening cultural program, featuring classical and contemporary dance performances and a musical concert by Shreeharsha and team, followed by fellowship and dinner.



Day 3 – Sunday, 1 February 2026

The final day began with an energetic Zumba session, followed by a soothing flute recital by Smt. Smitha Srikan, creating a balanced start to the day.

The Felicitation Program honoured distinguished individuals for their outstanding service and achievements. This was followed by Thought Leadership Sessions, where Dr. S. N. Mothi, pediatrician and HIV/AIDS activist, spoke on compassion and public health, and Sri Sudhanshumani, engineer behind the Vande Bharat initiative, shared insights on innovation and nation-building.

District Affairs and Awards were presented by DG Ramakrishna P. K, with impressions and acknowledgements led by DGE Satish Bolar, DGN Yashaswi Somashekar, and team.

The conference concluded with a dignified Valedictory Session, marking the successful culmination of Rotary District Conference 2026 – Sneha Sourabha. The event reaffirmed Rotary's enduring commitment to service, leadership, fellowship, and the shared vision of a polio-free world.



MEMBERS IN NEWS

RTN. PP DR. K. NARENDRA KAMATH MODERATES PANEL AT DERMACON INTERNATIONAL 2026

On 31 January, Rtn. PP Dr. K. Narendra Kamath moderated a scientific panel discussion on "The Diet Dilemma: Should Dermatologists Give Nutritional Advice?" at Dermacon International 2026, the National Conference of Dermatology, held in Bangalore.

Rtn. PP Dr. K. Narendra Kamath was presented with a Guinness World Records™ Certificate of Participation at DERMACON 2026, Bengaluru, in recognition of his association with the record for the most pledges for a dermatological disease awareness campaign in 24 hours. The record, involving 9,405 pledges, was achieved by the Indian Association of Dermatologists, Venereologists and Leprologists (IADVL).

The Rotary Club of Mangalore congratulates Dr. Kamath on this notable achievement and his contribution to dermatological health awareness.



FOLLOWING MEMBERS JOINED ESRAG

1. RTN ER. RAJENDRA KALBAVI
2. RTN DIJARAJ NAIR
3. RTN DR KUNAL



ROTARY AROUND THE WORLD

ROTARY PROJECTS AROUND THE GLOBE - JANUARY 2026

Rotary clubs worldwide continued making meaningful impacts in January 2026 through diverse service initiatives. In Africa, clubs worked to improve clean water access and sanitation for vulnerable communities, while others focused on health awareness campaigns targeting maternal and child wellness. In Latin America and the Caribbean, Rotarians supported education programmes and vocational training to empower youth and adults alike.

In Asia Pacific, clubs implemented projects addressing environmental sustainability, including tree planting and waste management. Several clubs in Europe organized community outreach and social inclusion activities for the elderly and underserved. Across the globe, these projects reaffirm Rotary's commitment to positive, lasting change in local communities, aligned with the organisation's core values of service, fellowship, and global goodwill.

READ MORE: [HTTPS://WWW.ROTARY.ORG/EN/ROTARY-PROJECTS-AROUND-GLOBE-JANUARY-2026](https://www.rotary.org/en/rotary-projects-around-globe-january-2026)



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ROTARY RIDDLES

A woman shoots her husband, then holds him underwater for five minutes. Next, she hangs him. Right after, they enjoy a lovely dinner. Explain.

Send us your answers
 (9845084266 – Rtn. Dr. Akhter Husain, Editor)

Answer to last weeks riddle

I have a head and a tail that will never meet. Having too many of me is always a treat. What am I?

A coin

BIRTHDAY GREETINGS



Rtn. Michael Andrade
 12th February

ANNIVERSARY GREETINGS

Rtn.Vasanth Shenoy H & Ann. Anuradha
 6th February

Rtn. Sundeep Shenoy & Ann. Roopa
 11th February

THE FOUR WAY TEST

Of the things we think, say or do:

- FIRST >** Is it the **TRUTH**?
- SECOND >** Is it **FAIR** to all concerned?
- THIRD >** Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- FOURTH >** Will it be **BENEFICIAL** to all concerned?

CLUB PULSE

29.01.2026

Total members : 92
 Members present : 42
 Exempt : 5
 Makeup : 4
 Percentage : 56%

WEEKLY MEETING

Thursday, 7.00 P.M.

Ocean Pearl
 Navabharath Circle,
 Kodialbail, Mangalore

<https://www.rotarymangalore.com>

ANNOUNCEMENTS



The Rotary Club of Mangalore & Anns Club cordially invite you to Couples Night 2026 — an evening of Love, Music & Dance.

12 February 2026

Dress Code: Anything in Black & Red
 Come along with your better half for a night filled with fun, fellowship, and unforgettable moments. Let's celebrate together!

A DOSE OF HUMOUR



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